

Myth vs. Reality: Prostate Cancer

MYTH	REALITY
 Only elderly men get prostate cancer.	 While prostate cancer is more common in older men, it can occur in younger men.
 Prostate cancers are aggressive and deadly.	 In its early stages prostate cancer has no symptoms.
 A high PSA level means you have cancer.	 Prostate-specific antigen (PSA) levels can be elevated for reasons other than cancer.
 A prostate cancer diagnosis means you will become incontinent or impotent.	 Side effects like erectile dysfunction or urinary incontinence are possible but not guaranteed.
 You don't need screening unless you have symptoms.	 Screening can detect prostate cancer before symptoms appear.
 Prostate cancer doesn't affect Black men.	 Black men are more likely to develop prostate cancer, which can be more aggressive.
 You can't get prostate cancer if you have no family history.	 Many men diagnosed have no family history of the disease.